**Regular events at Lyonsdown Hall**

**MONDAY**

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| **Event** | **Time** | **Contact** |
| Over 50s Pilates | 2 – 3pm | Mandy 07946 579931 |
| Go Genius Tutor sessions  | 4.30 – 6.30pm | admin@gogenius.co.uk 020 3355 0335WhatsApp: 07903 823307 |
| Ballroom Dancing | 7.45 – 10.30pm | Ken/Barbara 01707 258414 |

**TUESDAY**

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| **Event** | **Time** | **Contact** |
| Stay Fit and Active | 10.30 – 11.30am | Val 01707 651368 |
| Warren Theatre Group | 8 – 10pm | Lynne 07557 516 758 |

**WEDNESDAY**

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| **Event** | **Time** | **Contact** |
| Slimming World | 5.30 – 6.45pm | Florence 07985 473380 |

**THURSDAY**

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| **Event** | **Time** | **Contact** |
| 50+ Keep Fit | 10 – 11am | Tali 07931 748490 |
| New Barnet Amateur Gardeners & Floral Art Society | 7 – 10pm(2nd Thu of month) | Brian 020 8368 9543Jo 020 8368 7957 |

**SATURDAY**

|  |  |  |
| --- | --- | --- |
| **Event** | **Time** | **Contact** |
| Zumba | 8.55 – 9.55am | Roulla 07943 688568 |
| Les Petits Lapins | 11am – 12noon | Cathy 07415 209165 |
| Little Kickers | 10am – 2pm | 07904 634224 |

**SUNDAY**

|  |  |  |
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| **Event** | **Time** | **Contact** |
| Pedal Project  | Go to Pedal project website to book | Pedalproject.co.uk |